

INDIVIDUAL'S RIGHTS

As someone supported by the Agency, you have the right to:



Be treated equally as citizens under the law and freedom from discrimination



Be encouraged and assisted to exercise your rights as a citizen



Be treated at all times with courtesy and respect



Participate in decisions that affect your life



Be informed of information about you



Participate in and request changes to your program planning



Express concerns or disagree with your plans



A full explanation of program and services, what is included and what you might have to pay for



Freedom from someone hurting you in any way



Freedom from unnecessary restraints or medication



Protection from being taken advantage of by others in any form



Confidentiality



Attend church or activities related to your religion including the choice not to participate



Register and vote



Manage your money



Privacy



Have visitors and talk with others



Good health care and the choice of doctor, dentist, etc.



Get information on the topic of sexuality and family planning services



Information that helps you make good decisions



Create a health care proxy; choose someone you want to make medical decisions for you if you are not able to



A safe and clean place to live



Balanced and nutritious meals



Clean clothing and be involved in choosing that clothing



Individual grooming and personal hygiene supplies



A place to store your personal belongings