

Intandem is a 501(c)3 nonprofit organization providing supports and services to people with developmental disabilities and behavioral health concerns in Cattaraugus and Niagara counties.

Intandem maintains charitable foundations in both counties to help enhance the supports and services that the agency offers. If you would like to learn more about the foundations or to make a donation please visit [Intandem.org/Giving](https://Intandem.org/Giving)



“RECOVERY IS A  
PERSONAL JOURNEY,  
NOT AN OUTCOME.”



IN

## GET IN TOUCH



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## CORE PROGRAM

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not an outcome.*

## THE CORE PROGRAM

Community Oriented Recovery and Empowerment (CORE) Services are person-centered, recovery-oriented, mobile behavioral health supports intended to build skills and self-efficacy that promote and facilitate community participation and independence.

## COMMUNITY PSYCHIATRIC SUPPORT AND TREATMENT

Community Psychiatric Support and Treatment (CPST) includes goal-directed supports and solution-focused interventions with the intent to achieve person-centered goals and objectives. This is a multi-component service that consists of therapeutic interventions such as clinical counseling and therapy, which assist the individual in achieving stability and functional improvement. CPST addresses behavioral health barriers that impact daily living, finances, housing, education, employment, personal recovery and/or resilience, family and interpersonal relationships and community participation.

## FAMILY SUPPORT AND TRAINING

Family Support and Training (FST) offers instruction, emotional support, and skill building necessary to facilitate engagement and active participation of the family in the individual's recovery process. The FST practitioner partners with families through a person-centered or person-directed, recovery oriented, trauma-informed approach.

## PSYCHOSOCIAL REHABILITATION

Psychosocial Rehabilitation (PSR) is designed to assist an individual in improving their functional abilities to the greatest degree possible in settings where they live, work, learn, and socialize. Rehabilitation counseling, skill building, and psychoeducational interventions provided through PSR are used to support attainment of person-centered recovery goals and valued life roles. Approaches are intended to develop skills to overcome barriers caused by an individual's behavioral health disorder and promote independence and full community participation.

## WHO CAN GET THESE SERVICES?

Adults age 21 and older who are covered by Medicaid with Serious mental illness and/or addiction disorder.



**Behavioral Health Services**

[www.Intandem.org](http://www.Intandem.org)

## HOW WILL IT HELP? RECOVERY IS A PERSONAL JOURNEY NOT AN OUTCOME. CORE IS BASED IN



- Person-Centered Care
- Recovery-Oriented
- Integrated
- Data-Driven
- Evidence-Based
- Trauma-Informed
- Peer-Supported
- Culturally Competent
- Inclusive of Social Network
- Coordination and Collaboration

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