



What is a Medicaid Managed Care Plan?

Medicaid Managed Care Plans are health insurance companies that oversee and coordinate care. Children and youth who are enrolled in a Medicaid Managed Care Plan will get most of their Medicaid benefits through that health plan. To find out more about Children and Family Treatment and Support Services, contact your healthcare provider, Health Home care manager, care coordinator, or Medicaid Managed Care Plan.

Who can get these services?

Children and Youth (under age 21) who are covered by Medicaid and have mental health and/or substance use needs can get Children and Family Treatment and Support Services at no additional cost. These services are covered by regular Medicaid or, if enrolled in a Medicaid Managed Care Plan*, these services are available through the health plan.



NYS Children's Medicaid

Children and Family Treatment and Support Services

Information for
Children/Youth and
Families



Intandem
1439 Buffalo St., Olean, NY
716-701-1135
www.intandem.org



Community Psychiatric Supports (CPST)

Counseling:
Individual and/or Family sessions @1.5 hours
·solution focused intervention
·crisis mgmt. planning; community supports
·After crisis debriefing: stability focused; goal setting based on crisis intervention provider. (hosp., mobile crisis, ER).

Psychoeducation and Rehab Supports: strategies to minimize the negative effects of MH symptoms that interfere with the child/youth's daily living.

Strength Based Planning: identify strengths, needs, and resources to address areas the child/youth is struggling.

Psychosocial Rehabilitation (PSR): Supplement for CPST/OLP

Learning and practice of developmentally appropriate skills to minimize the behavioral and mental health struggles of the child/youth in the home and community.

Sessions @ 2 hours: include task oriented learning and practice of skills to improve the child/youth's functioning in the home and community.

Including: coping skills; social and interpersonal skills, daily living skills, health skills, self-awareness, development of personal interest

*Does not include vocational training.

Can be a supplement to outpatient counseling if the counselor is able to collaborate with PSR staff.

Other Licensed Professional (OLP)

Mental Health Evaluation:

·Assessment establishing a MH diagnosis
·Recommendation: Identify services medically necessary to meet the child/youth's mental health needs.

Counseling:

-Individual and/or Family Sessions 1 hr.
-Can do a family and individual session the same day @1 hr/each

Crisis Management:

-Safety planning, phone support, after crisis debriefing.

Family Peer Support (FPS)

Support service provided to the caregiver for the benefit of the child/youth.
(Sessions up to 2 hr)

Engagement, bridging, and transition support:
·within the family and community resources

Self-advocacy, self-efficacy, and empowerment: coaching and modeling shared decision making; empower caregivers to advocate for themselves and their child(ren).